# MASSAGE MENU



DESIGN HOTEL

## Swedish massage

Serves to induce perfect relaxation of muscles, helps to improve blood circula-	60 min	1790
tion and promotes regenerative capacity of the body. Different types of mas-		
sage techniques focus on specific body parts or the whole body. The therapist	90 min	2390
meets your needs - focuses on the back, legs, feet, hands, face, head or neck.		

## Anti-stress relaxing massage

Gentler form of Swedish massage pampers you with a pleasant pressure,<br/>making finer touches. We focus on working with the energies of the body and<br/>the wonderful feeling of a smooth performance of the massage. During the<br/>massage, you can determine for yourself in which body part you feel the most<br/>accumulated stress and therefore where you want us to focus the most.60 min1790

#### Deep tissue massage

A special combination of moves and touches that relieve tension in the back, neck, shoulder muscles, lumbar spine, and in the longer variant and upper extremities. This massage is suitable for those who have a sedentary job. After talking with a therapist you can also select the technique without the use of oil. 60 min 1890

# Hawaiian Lomi Lomi massage

Hawaiian massage is an incredible sensual experience. This massage technique<br/>involves continuous, rhythmic motion using fingers, palms, forearms and elbows.60 min1790It may resemble the feeling of soft waves moving across the body. This<br/>massage removes a large amount of physical and energy blockages and it<br/>reharmonizes the body.90 min2390

#### Luxurious "Mosaic" aroma massage

Extraordinary aromatherapy massage assembled to fit your body and your		
needs. It is a combination of the best techniques and grasps, that our therapist	90 min	2590
can offer. This procedure includes 30 minutes foot massage. An unforgettable		
luxury experience for your senses!	120 min	2890

\*The above mentioned prices are in CZK and include VAT