# **MASSAGE MENU**



#### Swedish massage

| Serves to induce perfect relaxation of muscles, helps to improve blood circula- | 60 min | 1790 |
|---|--------|------|
| tion and promotes regenerative capacity of the body. Different types of mas-    |        |      |
| sage techniques focus on specific body parts or the whole body. The therapist   | 90 min | 2390 |
| meets your needs - focuses on the back, legs, feet, hands, face, head or neck.  |        |      |

#### **Anti-stress relaxing massage**

| Gentler form of Swedish massage pampers you with a pleasant pressure,        | 60 min | 1790 |
|--|--------|------|
| making finer touches. We focus on working with the energies of the body and  |        |      |
| the wonderful feeling of a smooth performance of the massage. During the     | 90 min | 2390 |
| massage, you can determine for yourself in which body part you feel the most |        |      |
| accumulated stress and therefore where you want us to focus the most.        |        |      |

#### Deep tissue massage

A special combination of moves and touches that relieve tension in the back, neck, shoulder muscles, lumbar spine, and in the longer variant and upper extremities. This massage is suitable for those who have a sedentary job. After talking with a therapist you can also select the technique without the use of oil.

## Hawaiian Lomi Lomi massage

| Hawaiian massage is an incredible sensual experience. This massage technique    | 60 min    | 1790   |
|---|-----------|--------|
| involves continuous, rhythmic motion using fingers, palms, forearms and elbows. | 00 111111 | 1, , 0 |
| It may resemble the feeling of soft waves moving across the body. This          | 90 min    | 2390   |
| massage removes a large amount of physical and energy blockages and it          |           |        |
| reharmonizes the hody   |           |        |

## Hot lava stones massage

| Discover the enchantment of luxurious massage with hot lava stones, which        | 4.0    | 1000 |
|--|--------|------|
| perfectly warms the body and brings about total relaxation. Lava stones are      | 60 min | 1990 |
| warmed up in a water bath and the massage helps to remove blockages and          |        |      |
| stimulate the energy in your body. Even long after the massage you will feel the | 90 min | 2590 |
| beneficial heat. To increase the effect of massage we use exotic scented oils    |        |      |
| that amplify enchantment of massage. Not available in June - August.             |        |      |

### Luxurious "Mosaic" aroma massage

| Extraordinary aromatherapy massage assembled to fit your body and your           |         |      |
|--|---------|------|
| needs. It is a combination of the best techniques and grasps, that our therapist | 90 min  | 2590 |
| can offer. This procedure includes 30 minutes foot massage. An unforgettable     |         |      |
| luxury experience for your senses!   | 120 min | 2890 |

<sup>\*</sup>The above mentioned prices are in CZK and include VAT